



मालवीय राष्ट्रीय प्रौद्योगिकी संस्थान जयपुर (राष्ट्रीय महत्व का संस्थान)

Malaviya National Institute of Technology Jaipur

International Day against Drug Abuse & Illicit Trafficking

TVISHI SHARMA (Presenting)

International Day against Drug Abuse & Illicit Trafficking

Ms Tvishi Sharma
Clinical Psychologist (RCI Registered)
Founder-Director: Sachetna Wellness
Member Indian Association of Clinical psychologists (IACP)
International affiliate American association of clinical psychologists (APA)
UGC-NET

SOMEN KUMA...
TVISHI SHARMA
ADITI
LUHANA VINO...
MUSKAAN MAT...
PRIYANSHU KU...
V. K. Sharma
23 others
Ritika Mahajan

7:04 PM | dto-nzwh-fid

About :

The Wellness Club, Dean Student Welfare Office organised a Special Workshop on the occasion of “International Day against Drug Abuse & Illicit Trafficking”, on June 26, 2024, Wednesday, from 07:00 p.m. to 08:00 p.m. on Google Meet Platform. Led by Ms. Tvishi Sharma, this session aimed to raise awareness about the dangers of drug abuse and the importance of a drug-free society. Students, staff, and faculty members attended the session.

Resource Person :

Ms Tvishi Sharma is a Clinical Psychologist with RCI registration and a strong background in mental health research. She had the privilege of working in various institutions, including schools, psychiatric hospitals, and rehabilitation centers, which has equipped her with the skills to address a wide range of mental health concerns. Currently, she serves as a Clinical Psychologist and Founder- Director at Sachetna Wellness, an online mental health service. Her passion lies in raising awareness about mental health, reducing stigmas associated with seeking treatment, and making high-quality mental health services accessible to all.

The screenshot shows a Google Meet interface during a presentation. The main content is a slide titled "Why do people use?" with two columns of reasons:

- Left Column (Green background):**
 - To relax
 - For enjoyment
 - To be part of a group
 - To avoid physical and/or psychological pain
 - Experiment out of a sense of curiosity
 - Excitement
 - Cope with problems
 - Relieve stress
- Right Column (Orange background):**
 - To improve performance (energy, strength, or focus)
 - Peer pressure
 - Self medicate
 - Grieving after loss
 - Thrill seeking
 - Rebellion
 - Overcome boredom

The Meet interface includes a top bar with "TVISHI SHARMA (Presenting)", a grid of participant avatars on the right (including Ritika Mahajan, TVISHI SHARMA, SOMEN KUMAR BH..., MD FIROZ ALAM, MUSKAAN MATHUR, UNNATI TRIPATHI, V. K. Sharma, and ADITI), and a bottom control bar with icons for mute, video, chat, and other functions. The time is 7:20 PM and the ID is dto-nzwh-fid.

Session Highlights :

The session was an informative presentation on the effects and prevention of drug abuse. It covered various aspects of the dangers of drug abuse, addiction, and prevention of substance abuse, and ways to overcome the power of our body over our soul.

Afterward, she let students ask personal questions and cleared their doubts individually.

Learning outcomes:

The “International Day against Drug Abuse & Illicit Trafficking” session had an impact on people attending the session by highlighting -

- The effect of drug abuse on individuals and society
- Practical strategies for prevention and intervention
- Ways to support and promote a drug-free environment
- Open Discussion through Q&A

The screenshot shows a Zoom meeting interface. At the top, a banner identifies the presenter as TVISHI SHARMA. The main content is a presentation slide titled "Types of Substances" which lists various drug categories and their examples in a table. To the right of the slide is a grid of participant avatars, including TVISHI SHARMA, SOMEN KUMA..., ADITI, LUHANA VINO..., MUSKAAN MAT..., UNNATI TRIPATHI, V. K. Sharma, 24 others, and Ritika Mahajan.

Types of Substances			
Alcohol	Marijuana	Opioids	Nicotine
Ber Wine Spirits	Marijuana THC	Heroin Fentanyl Prescription Pain Killers	Nicotine, cigarettes or vapes
Stimulants	Sedatives	Synthetics	Hallucinogens
Cocaine Methamphetamine	Benzodiazepines GHB	Synthetic Cannabinoids (K2/Spice) Synthetic Cathinones (Bath Salts) Ketamine GHB	MDMA, Ecstasy/Molly LSD PCP (Phencyclidine) Peyote (mescaline) psilocybin

Feedback:

“The session was extremely insightful, and awareness was spread in a very friendly way”

“The session raised awareness about the dangers of drug abuse and the importance of a drug-free society”

The screenshot shows a Zoom meeting interface. At the top, the presenter is identified as TVISHI SHARMA (Presenting). The main content area displays a presentation slide with the title "Why do people use?". The slide is divided into two columns of reasons:

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Below the slide, a video feed shows the presenter, TVISHI SHARMA, with a circular frame. The video feed is currently muted. At the bottom of the screen, a grid of participant avatars is visible, including SOMEN KUMA..., ADITI, MUSKAAN MAT..., UNNATI TRIPAT..., V. K. Sharma, ABHINAV KUM..., 26 others, and Ritika Mahajan. The bottom status bar shows the time as 7:14 PM and the meeting ID as dto-nzwh-fid.